

- By 2030, one in five Americans will be at least 65 years old.
- The fastest growing group of Americans are those age 85 and over.
- Family members are the primary providers of eldercare.
- The economic value of family and informal caregivers has been estimated at \$257 billion annually.

If you need someone to stay with the person you care for please call Corina Castro at (214) 954-4220 and ask about respite care no later than October 6.



A free conference to be held at
Northway Christian Church
 7202 W. Northwest Highway
 Dallas, Texas 75225

Brought to you by:



FAITH HOSPICE



Supporting Organizations:

- Area Agencies on Aging, Dallas, Tarrant, & North Central Texas
- Alzheimer's Association, Greater Dallas Chapter
- Apple Care & Companion
- City of Dallas Office of Senior Affairs
- Eastfield College
- First Presbyterian Church of Dallas
- Friendship West Baptist Church
- Generations
- Mental Health America of Greater Dallas
- New Friendship Baptist Church
- Northway Christian Church
- Parkland Health & Hospital System
- Parkland House Calls
- Older Adult Program, Richardson
- Texas AgriLife Extension Service
- Texas Instruments
- The Senior Source
- Z~Quest

1st Annual Dallas Area Caregiving & Aging Conference

October 24, 2008



A free conference to be held at
Northway Christian Church
 7202 W. Northwest Highway
 Dallas, Texas 75225



Registration Form

1st Annual
**Dallas Area Caregiving
& Aging Conference**
October 24, 2008

Name _____

Address _____

City _____ State _____ ZIP _____

Email _____

Daytime Phone _____

Eveningtime Phone _____

Please complete this section below ONLY if you are requesting Continuing Education Credits (CEUs). If you are requesting CEUs, please mail a check, in the amount of \$20, payable to the Dallas Area Caregiving & Aging Conference along with your registration. .55 CEUs (5.5 contact hours) will be provided. No partial CEUs will be awarded. Continuing Education Credit provided by Dallas County Community College.

- General CEUs (check with your licensing or certification board commission for requirements).
- Social Workers
- Licensed Professionals Counselors

Registration forms may be mailed to:
Dallas Area Caregiving & Aging Conference
PO BOX 822551, North Richland Hills, TX 76182

Fax: (817) 581-7027
Email: caregiverconf@flash.net
For more information: (214) 954-4220

All levels of donations are gladly accepted and appreciated.

8:00 am **Continental Breakfast, Registration and Sponsor Exhibits**

9:00 am **Welcome and Introductions, Caregiver and Older Adult Panel, Overview of Community Resources** *Monita McGhee, Director, Dallas Area Agency on Aging*

10:00 am **Break & Vendor/Sponsor Exhibits**

10:15 am **Overview of Legal Issues: Medical Power of Attorney, "Living Wills," Power of Attorney, and Guardianship** *Rosemary Redmond, Attorney*

11:00 am **Overview of Medicare, Medicaid and Other Health Insurance – Who Pays First?** *Carolyn Toliver, Benefits Counseling Coordinator, Dallas Area Agency on Aging*

11:45 am **Lunch & Exhibits**

1:00 pm **Concurrent Sessions**

Memory Loss: Understanding Alzheimer's Disease & Dementia *Lisa Brodsky, MSW, Alzheimer's Association of Greater Dallas, Director of Programs and Services*

1:00 pm **What is Normal Aging?** *Margaret (Peggy) Higgins, M.S., Assistant Professor, Department of Healthcare Services, UT Southwestern*

Helping a Working Caregiver Find Resources *Betty Purkey, Manager of Work-Life Strategies, Texas Instruments*

2:10 pm **Concurrent Sessions**

Communicating with Health Care Providers *Joan Nutting, MSN, RN, ANP, CS NP, Geriatric Clinic, Parkland Health and Hospital System Geriatrics Department*

Staying Independent *Debbie Reinhardt-Young, LCSW, Director of Senior Adult Ministries, First Presbyterian Church, Dallas*

Memory Loss: Understanding Alzheimer's Disease & Dementia *Lisa Brodsky, MSW, Alzheimer's Association of Greater Dallas, Director of Programs and Services*

Caring for the Caregiver: It's Not Mission Impossible *Chris Bouguyon, Simply Aware & Greg Zarbo, M.S., Mental Health America - Dallas*